

Kim's Academy of Taekwondo
Belt Promotion Test Requirements
November 8, 2017

Exam Requirements for:

White Belt (10th Gup) going to Yellow Belt (9th Gup)

Kamsa Hamni Da – Thank you (respectful)
Seogi - Stance
Juchum Seogi – Horse riding stance
Poomse – Form
Ki-bon Poomse – Base Form One
Joon Bee – Ready
Baro – Return to ready
Kihap – Yell
Charyeot – Attention
Dojang – school (building)
Dobok – uniform
Jireugi - Punch
Chagi – Kick
Makgi – Block

Yellow Belt (9th Gup) going to Yellow Green-Tip (8th Gup)

Hana (“Ha-na”) – One
Dool (“Dhool”) – two
Set – Three
Net – Four
Daseot – Five
Yeoseot – Six
Ilgop – Seven
Yeodeol – Eight
Ahop – Nine
Yeol – Ten

Yellow Green-Tip (8th Gup) going to Green Belt (7th Gup)

Arae – Low Section
Mom-tong – Middle
Olgul – Upper Section
Mom-tong Jireugi – Middle punch
Dwilodola – Turn around
Shijak – begin

Ap- Front
Ap Kubi – Front Stance
Yop – Side
Dollyeo - Turning
Ap Chagi – Front Kick
Yop Chagi – Side Kick
Dollyeo Chagi – Roundhouse Kick
Tweioe – Jump
Naeryeo Makgi – Downward block

Green Belt (7th Gup) going to Green Belt Blue-Tip (6th Gup)

Dwit Chagi – Back Kick
Dwit kubi – Back stance
Ap Seogi – Walking Stance
Son - Hand
Sonnal – Knife Hand
Mom-tong Sonnal Makgi – Middle Knife Hand Block
Arae Sonnal Makgi – Low Knife Hand Block
Eedan Ap Chagi – Jumping Front Kick

Green Belt Blue-Tip (6th Gup) going to Blue Belt (5th Gup)

Gyeokpa – Breaking
Gyosanim – Instructor
Chigi – Open Hand Strike
Dan – Black Belt level
Gup – Color Belt Level
Kwan – School (Style)
Shiut – At Ease
Bakkat Makgi – Outside block
An Makgi – Inside block
Deung Jumeog - backfist

Blue Belt (5th Gup) going to Blue Belt Red-Tip (4th Gup)

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Kyeongrye – Bow
Meereo Chagi – Push Kick
Bandal Chagi – Crescent Kick
Naeryeo Chagi – Axe Kick
Kaesok -Continue
An Bandal Chagi – Inside Crescent Kick
Bakkat “Bandal” Chagi – Outside Crescent
Kick
Me-jumeog – Hammer Fist
Son badak Chigi – palm strike

Blue Belt Red-Tip (4th Gup) going to Red
Belt (3rd Gup)

Joo Sim – Referee
Hogu – Chest Protector
Chung – Blue
Hong – Red
Gyeorugi – Sparring
Seung – Victor
Gamjeum –deduction
Geuman – End
Kyongo - Warning

Red Belt (3rd Gup) going to Red Belt Yellow-
Tip (2nd Gup)

Kawi Makgi – Scissor Block
Sabumnin – Master Instructor
Kwanjangnim – School Master/ Grand
Master
Sonnal Deung – Ridge hand

Red Belt Yellow-Tip (2nd Gup) going to Red
Belt Black-Tip (1st Gup)

Huryeo Chagi – Hook Kick
Dwi Huryeo Chagi – Spinning (rear) Hook
Kick
Beom Seogi – Tiger (cat) Stance

Red Belt Black-Tip (1st Gup) going to Danbo
Black Belt

Kawi Chagi – Scissor Kick
Twi-myo Dwi Chagi – Flying Back kick
Twi-myo Yop Chagi – Flying Side Kick
Eedan Dwi Chagi – Jumping Back Kick