

Board Breaking & Holding Seminar

July 15 at 1pm

at Kim's Academy 1617 S. Longfellow

Black Belts & Red Belts are strongly encouraged to attend the entire seminar!

Instruction will include:

- 1. Boarding Holding Instruction 1:00 pm
- 2. Boarding Breaking Instruction 1:30 pm
- Board Breaking Practice 2:00 pm (\$2 per board for real boards)

All Kim's Academy Students are welcome to attend.

There is no cost to attend the seminar

but there will be an option to practice breaking real boards for a fee of \$2 per board.