

### Competition Coordinator Commands (One Poomsae)

Korean	English	Coordinator/Competitor Action
“Chool jeon”	Enter	Coordinator motions with extended left arm for the competitor enter the competition area. Competitor enters.
“Cha-ryeot”	Attention	Coordinator’s left arm bent 90° with palm to the left at face height. Competitor comes to attention.
“Kyeong-rye”	Bow	Coordinator’s left arm rotates 90° with palm facing down. Competitor bows.
“Joon-bi”	Ready	Coordinator’s right arm fully extended with palm facing left, shoulder high. Competitor moves to Joonbi soegi.
“Shi-jak”	Begin	Coordinator’s right arm fully extended straight up with palm facing left, close to ear. Competitor begins 1st Poomsae.
“Bah-roh”	Return (to Joonbi soegi)	No hand signal. Competitor returns to Joonbi soegi.
“Shi-ah”	Rest (at ease)	Competitor relaxes
“Pyo-chul”	(Judges) Score	Coordinator’s right arm fully extended up at 45° angle, palm up.
“Cha-ryeot”	Attention	Coordinator’s left arm bent 90° with palm to the left at face height. Competitor comes to attention.
“Kyeong-rye”	Bow	Coordinator’s left arm rotates 90° with palm facing down. Competitor bows.
“Tuae-jahng”	Exit	Coordinator motions with extended left arm for the competitor exit the competition area. Competitor leave the competition area.

When there are two competitors, stand behind them (facing table) and indicate each one in turn.

“Chung Pyo-chul” (asking for Blue scores), extend right arm at 45° up toward Blue competitor, wait for table to record scores

“Hong Pyo-chul” (asking for Red scores) extend left arm at 45° up toward Red competitor, wait for table to record scores

Then walk back to corner position.

(The position and arm motions are similar to when declaring a winner in Sparring.)

# KYORUGI COMMANDS

- CHUNG (Blue)
- HONG (Red)
- CHA-RYEOT (Attention)
- KYEONG-RYE (Bow)
- JOON-BI (Ready)
- SHI-JAK (Start)
- KALYO (Separate)
- KEOSOK (Continue)
- GAMJEOM (Penalty)
- KEUMAN (End of Round)
- SONG (Winner)